DAY 1 - Tuesday Morning, 10 July			
09:00	3000m SC	W	R1
09:05	Shot Put	W	QAB
09:35	Javelin Throw	W	QA
09:40	100m Dec	M	
10:05	1500m	M	R1
10:30	Long Jump Dec	M	AB
10:40	800m	W	R1
10:50	Pole Vault	M	QAB
10:55	Javelin Throw	W	QB
11:35	110m H	M	R1
12:15	Shot Put Dec	M	AB
12:35	100m	M	R1

DAY 1 - Tuesday Evening 10 July			
17:30	Opening Ceremony		
18:30	High Jump Dec	M	AB
18:35	400m	M	R1
18:40	Discus Throw	M	QA
19:35	100m	W	R1
19:40	Long Jump	M	QAB
20:00	Discus Throw	M	QB
20:30	**3000m**	**W**	**F**
20:50	**Shot Put**	**W**	**F**
20:55	400m Dec	M	
21:15	*3000m*	*W*	*MC*
21:30	**10,000m**	**M**	**F**

DAY 2 - Wednesday Morning, 11 July			
09:00	110m H Dec	M	
09:10	Shot Put	M	QAB
09:30	**10,000m R.Walk**	**W**	**F**
09:45	Discus Throw Dec	M	A
10:10	Triple Jump	W	QAB
10:40	400m	W	R1
10:45	Discus Throw Dec	M	B
11:30	400m H	M	R1
12:20	800m	W	SF
12:25	Pole Vault Dec	M	AB

DAY 2 - Wednesday Evening 11 July			
18:05	Javelin Throw Dec	M	A
18:20	*Shot Put*	*W*	*MC*
18:30	110m H	M	SF
18:40	High Jump	M	AB
18:50	*10,000m*	*M*	*MC*
19:00	100m	W	SF
19:10	Javelin Throw Dec	M	B
19:20	**Shot Put**	**M**	**F**
19:30	100m	M	SF
19:50	*10,000m R.Walk*	*W*	*MC*
20:00	400m	M	SF
20:20	**Long Jump**	**M**	**F**
20:25	**Javelin Throw**	**W**	**F**
20:30	**5000m**	**W**	**F**
21:00	**100m**	**W**	**F**
21:05	*Shot Put*	*M*	*MC*
21:15	**1500m Dec**	**M**	**F**
21:35	*5000m*	*W*	*MC*
21:45	**100m**	**M**	**F**
21:50	*100m*	*W*	*MC*
21:55	*Javelin Throw*	*W*	*MC*

DAY 3 - Thursday Morning, 12 July			
09:00	Javelin Throw	M	QA
09:15	400m H	W	R1
09:30	Pole Vault	W	QAB
09:40	Long Jump	W	QAB
09:55	200m	M	R1
10:20	Javelin Throw	M	QB
10:55	100m H Hep	W	
11:25	200m	W	R1
11:50	Hammer Throw	W	QA
12:15	High Jump Hep	W	AB
12:20	400m H	M	SF
13:10	Hammer Throw	W	QB

DAY 3 - Thurday Evening 12 July			
18:20	*Long Jump*	*M*	*MC*
18:30	200m	W	SF
18:35	Shot Put Hep	W	AB
18:45	**Pole Vault**	**M**	**F**
18:50	*Decathlon*	*M*	*MC*
19:00	200m	M	SF
19:16	*100m*	*M*	*MC*
19:25	**Triple Jump**	**W**	**F**
19:30	**3000m SC**	**W**	**F**
19:50	200m Hep	W	
19:55	**Discus Throw**	**M**	**F**
20:20	**110m H**	**M**	**F**
20:25	*3000m SC*	*W*	*MC*
20:35	400m	W	SF
21:00	**400m**	**M**	**F**
21:04	*110m H*	*M*	*MC*
21:15	**800m**	**W**	**F**
21:20	*400m*	*M*	*MC*
21:30	**1500m**	**M**	**F**
21:35	*Triple Jump*	*W*	*MC*
21:40	*Discus Throw*	*M*	*MC*

DAY 4 - Friday Morning, 13 July			
09:00	**10,000m R.Walk**	**M**	**F**
09:00	Discus Throw	W	QA
09:30	High Jump	W	QAB
10:05	100m H	W	R1
10:20	Discus Throw	W	QB
10:30	Long Jump Hep	W	AB
11:00	3000m SC	M	R1
11:40	1500m	W	R1
11:50	Hammer Throw	M	QA
12:20	800m	M	R1
13:10	Hammer Throw	M	QB

DAY 4 - Friday Evening 13 July			
18:00	Javelin Throw Hep	W	A
18:05	Triple Jump	M	QAB
18:15	*Pole Vault*	*M*	*MC*
18:30	**High Jump**	**M**	**F**
18:35	4x100m Relay	W	R1
18:55	*800m*	*W*	*MC*
19:05	4x100m Relay	M	R1
19:05	Javelin Throw Hep	W	B
19:25	*1500m*	*M*	*MC*
19:35	400m H	W	SF
19:47	*10,000m R.Walk*	*M*	*MC*
19:55	**Long Jump**	**W**	**F**
20:00	**400m H**	**M**	**F**
20:15	**200m**	**W**	**F**
20:25	**Javelin Throw**	**M**	**F**
20:30	**400m**	**W**	**F**
20:40	*400m H*	*M*	*MC*
20:50	**800m Hep**	**W**	**F**
21:15	*200m*	*W*	*MC*
21:20	*High Jump*	*M*	*MC*
21:30	**200m**	**M**	**F**
21:33	*400m*	*W*	*MC*
21:38	*Long Jump*	*W*	*MC*

DAY 5 - Saturday Morning 14 July

DAY 5 - Saturday Afternoon 14 July			
18:20	*Javelin Throw*	*M*	*MC*
18:30	**Hammer Throw**	**W**	**F**
18:35	100m H	W	SF
18:55	*200m*	*M*	*MC*
19:05	**Pole Vault**	**W**	**F**
19:10	4x400m Relay	W	R1
19:35	4x400m Relay	M	R1
20:00	*Heptathlon*	*W*	*MC*
20:15	800m	M	SF
20:20	**Hammer Throw**	**M**	**F**
20:45	**400m H**	**W**	**F**
20:50	*Hammer Throw*	*W*	*MC*
21:05	**5000m**	**M**	**F**
21:24	*400m H*	*M*	*MC*
21:35	**4x100m Relay**	**W**	**F**
21:40	*5000m*	*W*	*MC*
21:50	**4x100m Relay**	**M**	**F**
21:55	*Hammer Throw*	*M*	*MC*

DAY 6 - Sunday Morning 15 July

DAY 6 - Sunday Afternoon 15 July			
17:40	*4x100m Relay*	*W*	*MC*
17:47	*4x100m Relay*	*M*	*MC*
18:00	**Discus Throw**	**W**	**F**
18:05	**High Jump**	**W**	**F**
18:20	**100m H**	**W**	**F**
18:25	*Pole Vault*	*W*	*MC*
18:35	**Triple Jump**	**M**	**F**
18:45	**3000m SC**	**M**	**F**
19:05	**1500m**	**W**	**F**
19:12	*100m H*	*W*	*MC*
19:25	**800m**	**M**	**F**
19:32	*3000m*	*M*	*MC*
19:45	**4x400m Relay**	**W**	**F**
19:53	*1500m*	*W*	*MC*
19:58	*High Jump*	*W*	*MC*
20:10	**4x400m Relay**	**M**	**F**
20:15	*800m*	*M*	*MC*
20:19	*Discus Throw*	*W*	*MC*
20:23	*Triple Jump*	*M*	*MC*
20:30	*Closing Ceremony*		